**Grade 7 & 8 Volleyball Assessment**

1. Name the three types of hits you did during Volleyball Class?
2. Overhand and Underhand Serve
3.
4.
5. Name the Two Types of Volleyball Serves?
6.
7.
8. What is correct way to position your hands for a set pass?

1. How can you improve (make better) the set, bump, and serve during Volleyball practice?

1. Rate how well you think you did in the Volleyball Unit. Number 1-10